

11. Diafani- Sarias Channel- Tristomo

Starting Point: Diafani village **Finish:** Tristomo settlement. **Length:** 13km. **Estimated Duration:** 5.5 hours. **Elevation Change:** 0m-30m-260m-0m. **Type of road:** single path (10km), dirt road (3km). **Trail markings:** good (red directional signs). **Degree of difficulty:** moderate. **Vegetation:** low bushes to the greatest sections of the trail, dense forest in some parts. **Points of interest:** Ksiloskala, stone staircase along the path, the wild beauty of the steep eastern slopes North of Diafani with an amazing view to the sea, the beautiful church of St. Ekaterine in the channel of Saria, the panoramic view towards the bay Tristomo, St. Nicolas church in Tristomo and the traditional settlement of Tristomo.

12. Crossing Sarias Island

Starting Point: Sarias strait. **Finish:** position Platia. **Length:** 8kkm. **Estimated Duration:** 3 hours. **Elevation Change:** 0m-230m-0m. **Type of road:** single path. **Trail markings:** good (red directional signs). **Degree of difficulty:** moderate. **Vegetation:** in most of the area low shrubs and in smaller areas dense forests. **Fauna:** Saria, as well as northern Karpathos, is characterized as Special Protected Areas (SPA) because it hosts a large amount of rare predators such as Bonelli's Eagle (*Hieraetus fasciatus*), long legged Buzzard (*Buteo rufinus*) and Falcon Eleonora known as Mavropetritis (*Falco eleonora*). **Points of interest:** the virgin and untouched by humans landscape of the island and the wider marine area, the church of St. Spiridon and St. Andreas in the first part of the trail, the chapel of St. Sofia near the settlement of Argos, that is surrounded by ancient colons and remains of an old temple and of an old basilica church of the fifth-sixth century ac. Furthermore the old settlement of Argos with many farm houses of an interesting architecture and beauty and the archeological site Palatia situated in the old city of Nisiros. It is also very interesting the old cobbled road from the channel of Saria until Giaplo.

Drinking water along the hiking trails is not to be found therefore it is necessary to bring it with you from the beginning.

GUIDE OF GOOD BEHAVIOR

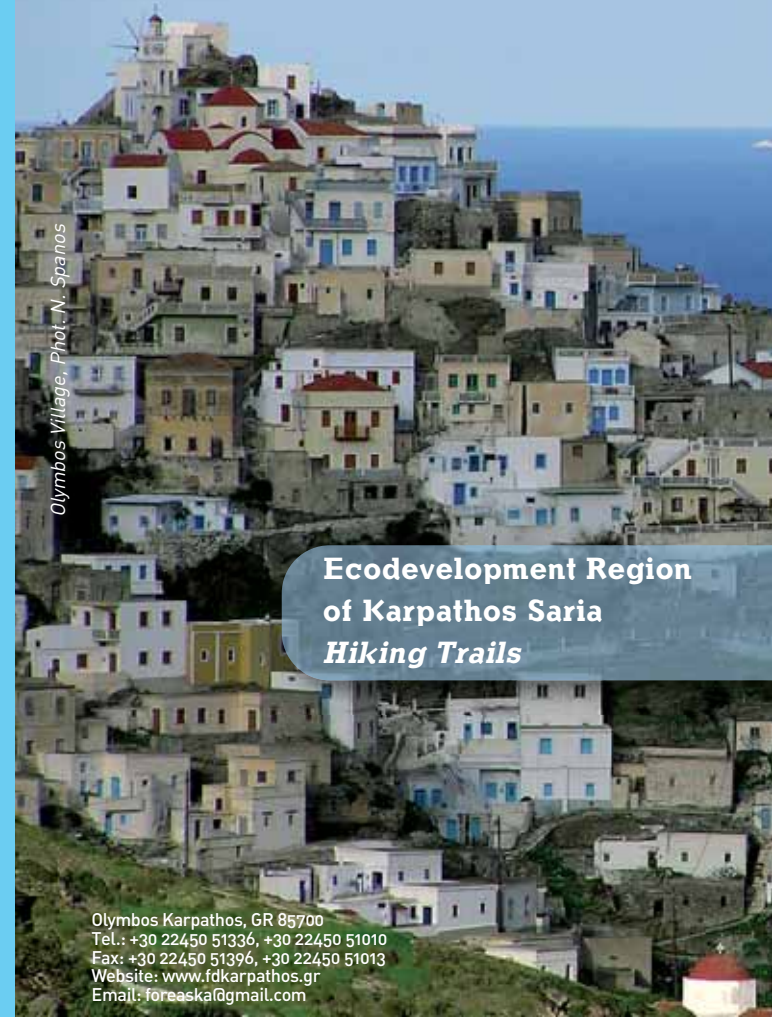
- ✓ Always follow with the signs.
- ✓ Leave plants and animals in their natural environment.
- ✓ Be equipped with a bag for your trash.
- ✓ Be sure to leave the area clean of trash.
- ✓ Free camping is forbidden; choose to stay in rent rooms to support the local economy.
- ✓ Never light up a fire.

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ΦΟΡΕΑΣ ΔΙΑΧΕΙΡΙΣΗΣ ΚΑΡΠΑΘΟΥ-ΣΑΡΙΑΣ

Management Agency of Karpathos-Saria



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HIKING TRAILS NORTH KARPATOS - SARIA

1. Spoa – Olymbos

Starting Point: Spoa village. **Finish:** Olymbos village. **Length:** 16km. **Estimated Duration:** 5.5 hours. **Elevation Change:** 350m-670m-260m. **Type of road:** single path (10km), dirt road (6km). **Trail markings:** good (red directional signs). **Degree of difficulty:** moderate. **Vegetation:** low bushes to the greatest sections of the trail, dense forest in some parts (near Olymbos). **Points of interest:** the view towards St. Irene, Pei area and mainly Aposkinou Area with its spectacular terraces, mount Prophet Elias as well as the beautiful village of Olymbos with its several windmills many of which still operate today.

2. Olymbos – Pei Area – Olymbos

Starting Point: Olymbos village. **Finish:** Olymbos village. **Length:** 13km (great part of the distance – 6km aprox. -belongs to trail 1. **Estimated Duration:** 4.5 hours. **Elevation Change:** 350m-20m-260m. **Type of road:** single path (11km), dirt road (2km). **Trail markings:** good (red directional signs). **Degree of difficulty:** quite low. **Vegetation:** low bushes to the greatest sections of the trail, dense forest in some parts. **Points of interest:** the Evgony-mos gulf, the St. Marina church with some byzantine antiquities, Pei area and the excellent view to Aposkinou.

3. Olymbos – Forokli

Starting Point: Olymbos village. **Finish:** Forokli beach. **Length:** 5.1km. **Estimated Duration:** 2 hours. **Elevation Change:** 260m-320m-0m. **Type of road:** single path (3.3 km), dirt road (930 m), asphalt (900m). **Trail markings:** good (red directional signs). **Degree of difficulty:** quite low. **Vegetation:** low bushes to the greatest sections of the trail, dense forest in some parts. **Points of interest:** Forokli beach and the natural environment with a great view.

4. Olymbos – Diafani

Starting Point: Olymbos village. **Finish:** Diafani village. **Length:** 5.1 km. **Estimated Duration:** 2.5 hours. **Elevation Change:** 250m-260m-0m. **Type of road:** single path (4.5km), dirt road (90m), asphalt (550m). **Trail markings:** good (red directional signs). **Degree of difficulty:** quite low. **Vegetation:** low bushes to the greatest sections of the trail, dense forest in some parts. **Points of interest:** two watermills in the midst of the hike, the natural environment with a great view, as well as Diafani village where the information center of the Management Authority of protected area Karpatos-Saria is situated.

5. Olymbos – Avlona

Starting Point: Olymbos village. **Finish:** Avlona settlement. **Length:** 4.7km. **Estimated Duration:** 2 hours. **Elevation Change:** 260m-160m-350m-300m. **Type of road:** single path (3.2km), dirt road (720m), asphalt (550m). **Trail markings:** good (red directional signs). **Degree of difficulty:** quite low. **Vegetation:** low bushes. **Points of interest:** St. Konstantine and St. Helen church with a spectacular panoramic view towards traditional villages of Olymbos and Avlona.

6. Olymbos – Peak Prophet Elias

Starting Point: Olymbos village. **Finish:** Peak of Prophet Elias. **Length:** 2km. **Estimated Duration:** 1.5 hours. **Elevation Change:** 260m-719m. **Type of road:** single path. **Trail markings:** good (red directional signs). **Degree of difficulty:** quite low. **Vegetation:** low bushes. **Points of interest:** the windmills in the exit of Olymbos village and the amazing view especially in the peak of the mountain where the church Prophet Elias is situated.

6A. Peak Prophet Elias – Olymbos

Starting Point: Peak of Prophet Elias. **Finish:** Olymbos village (through trail No 3). **Note:** the trail starts just before the Prophet Elias Peak and unites the basic trail No 6 with the trail No 3 (Olymbos-Forokli). **Length:** 3.4km. **Estimated Duration:** 1.5 hours. **Elevation Change:** 590m-320-260m. **Type of road:** single path (1.7km), dirt road (810m), asphalt (900m). **Trail markings:** good (red directional signs). **Degree of difficulty:** quite low. **Vegetation:** low bushes. **Points of interest:** the east slopes of Prophet Elias and the amazing view towards the sea along the trail.

6B. Olymbos – Cross Road trail No 1 – Olymbos

Starting Point: Olymbos village. **Finish:** Olymbos village. **Note:** the 6B trail starts from Olymbos village and for the first km it is the same with trail No 3 and 7. From that point it goes south (to the east slopes of Prophet Elias) crosses trail No 6A and ends in trail No 1 near the church of St. Nicholas. **Length:** 7.1km. **Estimated Duration:** 3 hours. **Elevation Change:** 260m-500m-470m-260m. **Type of road:** single path (6.5km), asphalt (550m). **Trail markings:** good (red directional signs). **Degree of difficulty:** quite low. **Vegetation:** low bushes. **Points of interest:** the view towards the east and south east slopes of Prophet Elias, the wild beautiful nature of the area and the amazing view towards Prophet Elias and the Sea.

7. Olymbos – St. Constantine Col

Starting Point: Olymbos village. **Finish:** St. Constantine Col (with the homonymous church). **Note:** it actually is the first part of the whole trail that unites Olymbos with Diafani (alternative on trail No 4). From the col you can choose one of the following trails (7A and 7B) to end in Diafani. **Length:** 2.3km. **Estimated Duration:** 1 hour. **Elevation Change:** 260m-300m. **Type of road:** single path (850m), dirt road (570m), asphalt (900m). **Trail markings:** good (red directional signs). **Degree of difficulty:** quite low. **Vegetation:** low bushes. **Points of interest:** the wider area of Olymbos.

7A. St. Constantine Col – Diafani

Starting Point: St. Constantine Col. **Finish:** Diafani village. **Length:** 4.5km. **Estimated Duration:** 1.5 hours. **Elevation Change:** 300m-0m-30m-0m. **Type of road:** single path (3.8km), dirt road (670m). **Trail markings:** good (red directional signs). **Degree of difficulty:** quite low. **Vegetation:** low bushes. **Points of interest:** the view towards the sea and the wider marine area in the last part just before Diafani.

7B. St. Constantine Col – Diafani

Starting Point: St. Constantine Col. **Finish:** Diafani village. **Length:** 3km. **Estimated Duration:** 1 hour. **Elevation Change:** 300m-40m. **Type of road:** single path. **Trail markings:** good (red directional signs). **Degree of difficulty:** quite low. **Vegetation:** low bushes and thin forest in a small part. **Points of interest:** the beautiful church of St. Constantine that you meet exactly after the col and the view to the sea along the trail.

8. Avlona – Tristomo

Starting Point: Avlona settlement. **Finish:** Tristomo settlement. **Length:** 8.4km. **Estimated Duration:** 3.5 hours. **Elevation Change:** 280m-420m-0m. **Type of road:** single path (7.6km), dirt road (840m). **Trail markings:** good (red directional signs). **Degree of difficulty:** moderate. **Vegetation:** low bushes. **Points of interest:** the cobbled road outside of Avlona, the spectacular view of the Tristomo bay, the church of St. Nicholas in Tristomo and the traditional settlement of Tristomo.

9. Avlona – Ancient Vroukounda

Starting Point: Avlona settlement. **Finish:** Ancient city of Vroukounda. **Length:** 4.2km. **Estimated Duration:** 1.5 hours. **Elevation Change:** 300m-20m. **Type of road:** single path (3.6km), dirt road (560m). **Trail markings:** good (red directional signs). **Degree of difficulty:** moderate. **Vegetation:** low bushes. **Points of interest:** the cobbled road along the trail, the archeological area of ancient Vroukounda, whereby dozens of tombs, ruins of walls and fortifications as well as parts of the Hellenistic period walls and the beautiful underground church of St. John.

10. Avlona – Diafani (through Vananta Beach)

Starting Point: Avlona settlement. **Finish:** Diafani village. **Length:** 5.8km. **Estimated Duration:** 2 hours. **Elevation Change:** 300m-0m-30m-0m. **Type of road:** single path (4km), dirt road (1.5km), asphalt (350m). **Trail markings:** good (red directional signs). **Degree of difficulty:** quite low. **Vegetation:** low bushes to the greatest sections of the trail, dense forest in some parts. **Points of interest:** the St. John church, the pine forest along the trail up to Vananta beach, the beautiful beach, and the amazing view along the trail from Vananta beach until Diafani village.

10A. Avlona – Diafani

Starting Point: Avlona settlement. **Finish:** Diafani village. **Length:** 4km. **Estimated Duration:** 1.5 hours. **Elevation Change:** 300m-0m. **Type of road:** single path (2km). **Trail markings:** good (red directional signs). **Degree of difficulty:** quite low. **Vegetation:** low bushes to the greatest sections of the trail, thin forest in some parts. **Points of interest:** the public primary school of Diafani with the painted reliefs in the facade and the Life giving Spring church.